



SUKAN PARA SUKMA XXI SARAWAK 2024
22 - 28 SEPTEMBER 2024



MEMANAH

TARIKH PERTANDINGAN

23 - 27 SEPTEMBER 2024

VENUE

LAPANG SASAR MEMANAH PETRA JAYA KUCHING

JADUAL PERTANDINGAN
MEMANAH

TARIKH	MASA	PUSINGAN	L/W	KUM	BIL	PERKARA / ACARA	TEMPAT / GELANGGANG
22 SEPTEMBER 2024 AHAD	0930-1015					TAKLIMAT PENGURUS PASUKAN TAKLIMAT PEGAWAI TEKNIKAL	BILIK MESYUARAT, PUSAT AKUATIK PANDELELA RINONG, PETRA JAYA
HARI PERTAMA 23 SEPTEMBER 2024 ISNIN	0900-0930	QUALIFICATION ROUNDS COMPOUND DIVISION				COMPOUND DIVISION WARMUP	LAPANG SASAR MEMANAH PETRA JAYA KUCHING
	0930-1040		L			DISTANCE 1 - 50M	
	1100-1210		W			DISTANCE 2 - 50M	
	1220-1225					SHOOT-OFF IF ANY	
	1230-1300				UPACARA PENYAMPAIAN PINGAT 1. INDIVIDUAL COMPOUND 50M - LELAKI 2. INDIVIDUAL COMPOUND 50M - WANITA		
	1400-1430	QUALIFICATION ROUNDS RECURVE DIVISION				RECURVE DIVISION WARMUP	LAPANG SASAR MEMANAH PETRA JAYA KUCHING
	1430-1540		L			DISTANCE 1 - 70M	
	1600-1710		W			DISTANCE 2 - 70M	
	1720-1725					SHOOT-OFF IF ANY	
	1730-1800				UPACARA PENYAMPAIAN PINGAT 3. INDIVIDUAL RECURVE 70M - LELAKI 4. INDIVIDUAL RECURVE 70M - WANITA		
HARI KEDUA 24 SEPTEMBER 2024 SELASA	0900-0930	TEAM MATCHES				1/4: RMOD, CMOD WARMUP	LAPANG SASAR MEMANAH PETRA JAYA KUCHING
	0930-1000					1/4: RMOD, CMOD	
	1000-1030					1/4: RWOD, CWOD WARMUP	
	1030-1100					1/4: RWOD, CWOD	
	1100-1130					1/2: RMOD, RWOD, CMOD, CWOD	
	1330-1400	MIXED TEAM MATCHES				1/4: RXO, CXO WARMUP	
	1400-1430					1/4: RXO, CXO	
	1430-1500					1/2: RXO, CXO	
HARI KETIGA 25 SEPTEMBER 2024 RABU	0900-0930	RECURVED DIVISION INDIVIDUAL MATCHES				1/16:RMO WARMUP	LAPANG SASAR MEMANAH PETRA JAYA KUCHING
	0930-1000					1/16: RMO1/8: RWO WARMUP	
	1000-1030					1/8: RWO1/8: RMO	
	1030-1100	RECURVE DIVISION INDIVIDUAL MATCHES				1/4: RMO, RWO	
	1100-1130					1/2: RMO,RWO	
	1330-1400	COMPOUND DIVISION INDIVIDUAL MATCHES				1/16: CMO WARMUP	
	1400-1430					1/16: CMO1/8: CWO WARMUP	
	1430-1500						
	1500-1530					1/8: CWO1/8: CMO	
	1530-1600					1/4: CMO, CWO	
						1/2: CMO, CWO	



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HARI KEEMPAT 26 SEPTEMBER 2024 KHAMIS	0900-0930	INDIVIDUAL MATCHES				BRONZE: COMPOUND WOMEN OPEN	LAPANG SASAR MEMANAH PETRA JAYA KUCHING
	0930-1000					GOLD: COMPOUND WOMEN OPEN	
	1000-1030					BRONZE: COMPOUND MEN OPEN	
	1030-1100					GOLD: COMPOUND MEN OPEN	
	1100-1130	TEAM MATCHES				BRONZE: COMPOUND MIXED OPEN	
	1130-1200					GOLD: COMPOUND MIXED OPEN	
	1200-1230					BRONZE: COMPOUND WOMEN OPEN DOUBLE	
	1230-1300					GOLD: COMPOUND WOMEN OPEN DOUBLE	
	1300-1330					BRONZE: COMPOUND MEN OPEN DOUBLE	
	1330-1400					GOLD: COMPOUND MEN OPEN DOUBLE	
	1405-1450					UPACARA PENYAMPAIAN PINGAT 5. COMPOUND WOMEN OPEN INDIVIDUAL 6. COMPOUND MEN OPEN INDIVIDUAL 7. COMPOUND OPEN MIXED TEAM 8. COMPOUND WOMEN DOUBLE 9. COMPOUND MEN DOUBLE	
HARI KELIMA 27 SEPTEMBER 2024 JUMAAT	0900-0925	INDIVIDUAL MATCHES				BRONZE: RECURVE WOMEN OPEN	LAPANG SASAR MEMANAH PETRA JAYA KUCHING
	0925-0950					GOLD: RECURVE WOMEN OPEN	
	0950-1015					BRONZE: RECURVE MEN OPEN	
	1015-1040					GOLD: RECURVE MEN OPEN	
	1040-1105	TEAM MATCHES				BRONZE: RECURVE MIXED OPEN	
	1105-1130					GOLD: RECURVE MIXED OPEN	
	1130-1330		REHAT				LAPANG SASAR MEMANAH PETRA JAYA KUCHING
	1330-1355					BRONZE: RECURVE WOMEN OPEN DOUBLE	
	1355-1420					GOLD: RECURVE WOMEN OPEN DOUBLE	
	1425-1450					BRONZE: RECURVE MEN OPEN DOUBLE	
	1450-1515					GOLD: RECURVE MEN OPEN DOUBLE	
	1525-1615					UPACARA PENYAMPAIAN PINGAT 10. RECURVE WOMEN OPEN INDIVIDUAL 11. RECURVE MEN OPEN INDIVIDUAL 12. RECURVE OPEN MIXED TEAM 13. RECURVE WOMEN DOUBLE 14. RECURVE MEN DOUBLE	